



8th Internal Swimming Gala

Dear Parents and Swimmers,

It is my great pleasure to announce our **8th Swimming Gala**. **AMES UK Sport Club is 10 years old** but we have already taken the plunge into the competitive world.

The Swimming Gala will take place on **Saturday the 14th of March 2015 at 16.00 at Trinity School** (Shirley Park, Croydon, CR9 7AT) . **Arrival time 15.30.**

All children Year 1 and over (academic year) who can swim **without** swimming aids from all days are welcome. We have had to do this due to time constraints. We would be very happy if all eligible children participate and all parents, friends, family and grandparents would come and support them. It is going to be a memorable day will lots of guests and medals for the first three places of each event.

Entrance for the parents, friends and family including programs will be £3.50 (over 16 years old) on the door. Entries for the swimming gala for the children will be £3 per child for all events.

One cheque or cash is preferred per family for all entries. No refunds will be given for missed events or if a swimmer withdraws from the gala.

Those who wish to enter this competition must hand in their application no later than the 15th of February 2015.

Applications can be submitted either by post, or e-mail or handed to Vicky. If you have any queries or problems regarding the Swimming Gala or your child's entry form please do not hesitate to speak to Vicky on 0798 0350 753 or e-mail her at vicky@ames-sport-club.com

Girls must wear a one piece swimming costume and boys must wear swimming trunks. No other types of swimwear will be allowed. This is to comply with ASA competition rules.

Please fill in the entry form below and return it to Vicky. It will be a great day for children to enjoy themselves and develop a healthy competitive spirit.

We also need some volunteers on the day to help us run the gala. Please tick on the following box if you can help us and what can you do.

Surname: _____

Name: _____

Date of Birth : _____ School year (e.g. Yr 1, Yr2) : _____

Signed by Parent/ Guardian: _____

Time Keeper		Responsible for timing each lane – can be two TK's per lane.
Recorders		The Admin Clerks of a swimming Gala.
Announcer		Responsible for announcing.
Whips		Group of people doing the thankless task of getting the competitors organised and to the start line on time for their heat.
Runners		The messengers and go-for's.